

INFORMED CONSENT FOR TELEHEALTH SERVICES

I _____
[name of patient(s)] hereby consent to engaging in telehealth services with BASICS Group Practice, LLC as part of my psychotherapy. I understand that “telehealth” includes the practice of health care delivery, diagnosis, consultation, treatment, transfer of mental health data, and education using interactive audio, video, or data communications. I understand that telehealth also involves the communication of my medical/mental health information, both orally and visually, to health care practitioners located in Maryland or outside of Maryland.

I understand that I have the following rights with respect to telehealth: (1) I have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment nor risking the loss or withdrawal of any program benefits to which I would otherwise be entitled. (2) The laws that protect the confidentiality of my medical and mental health information also apply to telehealth. As such, I understand that the information disclosed by me during the course of my therapy is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, including, but not limited to reporting child, elder, and dependent adult abuse; expressed threats of violence towards self and/or an ascertainable victim; and where I make my mental or emotional state an issue in a legal proceeding.

In case of emergency my location is:

I understand my therapist may contact my emergency contact and/or appropriate authorities in case of emergency. I also understand that the dissemination of any personally identifiable images or information from the telehealth interaction to researchers or other entities shall not occur without my written consent. (3) I understand that there are risks and consequences from telehealth, including, but not limited to, the possibility, despite reasonable efforts on the part of my psychotherapist, that: the transmission of my medical or mental health information could be disrupted or distorted by technical failures; the transmission of my medical or mental health information could be interrupted by unauthorized persons; the electronic storage of my medical information could be accessed by unauthorized persons; and/or limited ability to respond to emergencies.

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In addition, I understand that telehealth-based services and care may not be as complete as face-to-face services. I also understand that if my psychotherapist believes I would be better served by another form of psychotherapeutic services (e.g. face-to-face services) I will be referred to a psychotherapist who can provide such services. Finally, I understand that there are potential risks and benefits associated with any form of psychotherapy, and that despite my "Providing Proven Strategies For Successful Living" efforts and the efforts of my psychotherapist, my condition may not be improve, and in some cases may even get worse. (4) I understand that I may benefit from telehealth, but that results cannot be guaranteed or assured. (5) I understand that I have a right to access my medical and mental health information and copies of medical records in accordance with Maryland law. I have read and understand the information provided above. I have discussed it with my

Client Signature

Date

Parent/Guardian Signature (If Client Under 18 Years)

Date

Clinician Signature

Date



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